Modern Rehabilitation with Tradition

Take Motorway exit „Passau Nord“
Follow B 388, then left turn towards Kellberg

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“Humanity, care and esteem for our patients, combined with a high standard in medicine, are the qualities which have defined our clinic for more than 50 years. Our goal is to provide a comprehensive service for the patient.”

The long established Prof. Schedel Clinic would like to welcome you: with hospitality and tranquility, places of retreat and places of encounter. The spacious ambience and the feeling of being cared for give new confidence and, with professional care, will help you to gather new strength.
Nursing

Our trained nursing team will care for your needs around the clock. The nurse can advise you on many topics and can help you on your way to renewed independence.

- Wound Management
- Stoma Care
- Stoma Training
- Self-help Techniques

The clinic provides single rooms, double rooms are available on request. Rooms adapted to the needs of the disabled are also available. Arrangements can be made for an accompanying person on an individual basis. All rooms are en-suite and are, of course, equipped with telephone and television.

Medicine

Medicine based on communication and information awaits you in our clinic. The team of doctors and specialists offer you a broad diagnostic and therapeutic spectrum – without losing sight of the individual.

A multifaceted approach is especially important in oncology, an area concerned with the care of tumour patients. Doctors from various specialties guarantee the required standard of treatment.

Indications:

- Tumour / Cancer Diagnosis
- Psychosomatic Illness
- Comorbidities
  - Musculoskeletal system
  - Circulatory system
  - Metabolism
  - Delayed wound healing
Psycho – oncology

The diagnosis “Cancer” affects not only the body, but also the psyche. How can the patient come to terms with the diagnosis and how can she/he live with it? Psycho-oncology shows ways in which the mind, as well as the body, can become healthy again. We would like to help you to develop new perspectives through renewed vitality and energy.

Methods in Psycho-oncology
- Individual psychology appointments
- Visualization
- Theme-orientated discussion groups
- Strategies for coping with consequences of disease
- Muscle Relaxation (Jacobson method)

Ergotherapy and Art Therapy

Creative work helps to renew self-confidence and gives new courage. Art therapy can lead to many discoveries: about cloth, wood and stone, but also about oneself.

- Development of a positive attitude
- Trust in one’s own abilities
- Improvement in concentration
Physiotherapy

Your journey back to health can be supported by various physiotherapy methods, especially coordinated to suit your individual needs. The goal is to improve your quality of life. New strength can be developed by mobilizing untapped resources within your body.

The Prof. Schedel Clinic offers you:

- Exercise therapy
- Individual and group therapy
- Pelvic exercise
- Electrical therapy
- Hydrotherapy
- Lymphatic drainage
- Back pain prevention
- Shoulder gymnastics
- Ultrasound therapy
- Optional special treatments

Health Education

Knowledge is power. This is also true in the case of illness. Our specially trained professionals can answer your questions and help you to deepen your understanding of mind and body.

The health education includes:

- Medical lectures
- Prevention
- Helping you to help yourself
- Discussion groups
- Exercises after prostate and bladder operations

Social Services:

We can advise you on various aspects:
Disability benefits, financial help and work / career reintegration.
The facts you need to know about medical Rehabilitation

Nutrition

The correct nutrition plays an important role in the general health of an individual. Therefore, here in the Prof. Schedel Clinic, we offer you a variety of different menus and the exact diet to suit your needs. We also provide nutritional advice and you can partake in cookery demonstrations.

The different types of diets include:
- Whole food
- Vegetarian
- Weight reducing diet
- Light food / special diets

Is a medical / Physical Rehabilitation in the Prof. Schedel Clinic possible for me?
Primarily we are involved in the rehabilitation of tumour patients. Other indications for our clinic are psychosomatic illnesses and certain vascular diseases.

What is the best time for such a rehabilitation?
Ideally the med. / Physical rehab should follow directly after the acute treatment (postoperative or after chemotheraphy or radio therapeutic treatment).

How is the rehab initiated?
- It is usually arranged by the social worker or doctor in the acute hospital.
- The patient commences the rehabilitation within 2 to 4 weeks after discharge.
- The average length of stay in medical rehabilitation is 3 weeks.

What should I bring with me?
We suggest: Alarm clock, large towel, bathing suit, sports / jogging clothes for inside and outside, runners / sneakers, hairdryer.

Is it possible for a relative to stay?
Yes. We have a limited number of double rooms.

Extra optional offers?
- Premium rooms (daily newspaper, bathrobe, minibar, etc)
- Tours and excursions

Further questions?
We will be pleased to answer any questions about your stay. Tel 0049 8501 850-740.